



Only 8 spots available.

Call Riverside to reserve your spot!

703-724-0200

IN PERSON

supportive parenting workshop

FEBRUARY

Riverside is hosting SPACE training for parents!

Starts Febuary 7



School Counselor and RCC therapist Amanda George will be providing a 10 session workshop where she will equip parents with the empirically supported techniques of SPACE Training.

For PARENTS of children (4 -12 yo) experiencing:

- Anxiety & OCD
- School refusal or avoidance of school work
- Separation anxiety & Avoidance behaviors
- Anxiety related to sleep or toilet training



Tuesdays
7-8pm



44084 Riverside Pkwy
#240

SPACE: Supportive Parenting for Anxious Childhood Emotions